



HIMALAYA TREKKERS

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TREK TO

ROOPKUND

TREK HIGHLIGHTS

- ◆ **DURATION** : 6 days of trekking | 8 days long trip from Kathgodam to Kathgodam
- ◆ **PREREQUISITE** : Prior high altitude trekking experience is advised but not a mandate
- ◆ **GRADE** : Moderate
- ◆ **PHYSICALITY** : 6.5/10
- ◆ **TRAIL LENGTH** : 55 km from Lohajung to Wan
- ◆ **HIGHEST POINT** : Roopkund (~ 4800 m / 15750 Ft) / Junargali (~5000 m / 16400 Ft)
- ◆ **SEASONS** : Pre Monsoon/Summer (May -Jun) | Post Monsoon/Fall (Sep – Oct)
- ◆ **FURTHER OPTION** : Cross Junargali and trek to Ronty Saddle (Difficult grade)
- ◆ **ACCESS** : Trek starts and ends at Lohajung
- ◆ **RAIL STATION** : KATHGODAM (Station Code : KGM) | ~220 km from Lohajung
- ◆ **AIRPORT** : DELHI and then overnight train/bus to Kathgodam

ABOUT

Roopkund, situated at an altitude of 16000ft in the district of Chamoli in Garhwal region (State of Uttarakhand), is often called Mystery Lake or Skeleton Lake. This magnificent route not only unfolds the mythological characters and related stories while walking from one ridge to another but indeed delivers stunning views of snow clad peaks like Trishul, Nandaghunti, Chowkhamba, Neelkanth and others. The trekking trail in the lower altitude goes through interior vilalges, inside the Baanj Oak and then Kharsu Oak forests to finally Rhododendrons. Around ~ 3300m/11000 ft the Tree Line recedes and alpine meadow or locally called "Bugiyal" starts. Sprawling meadow, common to this altitude in Himalaya, but this picturesque span needs a special mention. Mighty Himalayan peaks peep behind the wild flower carpeted grassy slopes. On higher altitude barren rocky terrain coupled with snow and ice ignite the adventurous mind.

ACCESS

Depending on the trek members we can arrange a pickup from Kathgodam to Lohajung and back. This will be shared equally by the team members and is ₹ 5500 one way for a Tata Sumo/Mahindra Maxx. You pay directly to the driver/owner.

Otherwise if any trekker wants to reach Lohajung by public vehicle then there are two options:

- From Haldwani (5 Km before Kathgodam) you can get shared Jeep ride till Deval in the morning. These start latest by 7 am in the morning. From Deval you have to hire a private vehicle to reach Lohajung, 25 Km ahead or you may get a shared vehicle ride.
- Reach Rishikesh by previous night (23 Km from Haridwar) and board the bus for Mandoli/Lohajung. It starts from Rishikesh (Garhwal bus stand, beside ISBT) at 5 am in the morning and takes around 12/13 hours to reach Lohajung. This is a privately operated bus and may not operate during the high Chardham Yatra season in summer. The route is via Devprayag, Rudraprayag, Karanprayag, Tharali and Deval.

For more details read: <https://himalayatrekker.com/entry-exit-from-lohajung-roopkund-trek/>

BRIEF ITINERARY

For detailed itinerary, route information, getting to trek base, photos, trek reviews and more, please check the following link:

<https://himalayatrekker.com/tours/roopkund-trek/>

*** Trekkers need to reach on their own to Kathgodam Day 1 morning (by 7 am) or the previous night. Return to Kathgodam on Day 8 evening (by 7 pm). Arrange your tickets for inward journey and back to home accordingly ***

Day 1: Kathgodam to Lohajung (~2300 m / 7500 ft) – 220 Km by car - 10 hours

Day 2: Trek to Didna (~2440 m / 8000 ft) – 10 Km – 4/5 hours

Day 3: Trek to Bedni Bugiyal (~3500 m / 11500 ft) – 12 Km – 6/7 hours

Day 4: Trek to Patar Nachuni (~3750 m / 13500 ft) – 5 Km – 2/3 hour



Day 5: Trek to Baguabasa(~4300 m / 14000 ft) – 5 Km – 4 hours

Day 6: Trek to Roopkund (~4800 m / 15750ft) and back to Patar Nachuni - 15 Km - 8/10 hours

Day 7: Trek back to Wan (~2440 m / 8000 ft) via Gahroli Patal (~3048 m / 10000 ft) – 18Km – 8/9 hr – 1 hour drive back to Lohajung

Day 8: Drive from Lohajung to Kathgodam – 220 Km - 10 hours

Arrange your train/bus tickets from Kathgodam to Delhi/Other destinations on Day 8 after 7 pm

TREK FEE AND SERVICES

◆ **TREK FEE** : ₹ 9900 per person (Lohajung to Lohajung) + 5% GST

Book for 3 persons and get 5% and for 5 or more 10% Group Discount on TREK FEE in any Fixed Departure trek

The above cost essentially includes everything a trekker may need during the trek and during the stay at Lohajung. Please check the details below:

Inclusions:

- Two night's accommodation at Lohajung, (Day1 & Day 7) in tourist rest house/lodge on sharing basis and dinner.
- All meals during the trek. Regular Indian style nutritious vegetarian food during the trek (including eggs), breakfast packed/hot lunch (depending upon the time you reach a campsite), snacks, dinner along with coffee/tea/soup.
- Excellent Trekking Guide, who will be a local to this particular area and has profound knowledge of the trekking trails around.
- Specialised Cook, Support staff, Porters/Packed Animals for carrying the central logistics of the trek.
- Permit fee, camping charges, Forest levy required for the trek.
- Car drop from Wan to Lohajung on Day7.
- Stay at rest house/forest hut/tent as required in the trek.
- Sleeping Mattress and Sleeping Bag (Bring your own sleeping bag for hygienic reason, if you have a high altitude specific Sleeping Bag).
- Micro spikes/Anti-slip grip and Gaiters if needed.
- Basic First Aid and Medical Kit.
- Accidental Medical Insurance during the trek.

Exclusions:

- Transportation from Kathgodam to Lohajung and Lohajung to Haridwar.
- We assume that you will carry your personal Rucksack/Backpack with all your personal belongings. If you want to offload your Rucksack and be carried by our Pack Animal/Porter then you need to pay additional ₹ 1500 for the entire duration of the trek. The Rucksack should not weigh more than 10Kg.
- Any tip/gratuity to the HT supports staff. If you are happy with the service, please tip them generously.
- Any cost which is not mentioned in the “inclusions” or personal in nature.



|| Roopkund, the mystery lake and the untraced skeletons scattered around it ||

TREK ESSENTIALS

We would provide you tents, sleeping bag, mattress and few things like gaiters, micro spikes wherever required.

Personal clothing and equipment are your own and we don't have any renting facility. Also it is not possible to rent any of these items once you reach the trek base.

Four things are a must for any Himalayan Trek. These are personal items and you need to bring your own.

- a) A Trekking shoe - mid/high ankle length with rubber sole for traction, waterproof membrane for snow/rain etc.
- b) A Rucksack (40-50 L)
- c) A Warm jacket - can be synthetic, fleece or down jacket
- d) Windproof & Waterproof jacket/clothing - outer layer

Apart from your personal clothing and shoe there are items which are must or nice to have during your trekking trip especially in the Himalayas. For a detailed instruction on list of thing to carry in any Himalayan trek, follow the link below:
<https://himalayatrekker.com/list-of-things-to-carry/>

CONTACT

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